

### I Love You Star Lesson Instructions

1. Begin by explaining that Jesus tells us to love one another. In **John 13: 34-35** Jesus says:

**‘A new commandment I give to you, that you love one another; even as I have loved you, that you also love one another. By this all men will know that you are my disciples, if you have love for one another’.**

Jesus is saying that he wants us to love each other and that people we know that we love him and follow what he says if we do that.

2. Love is a ‘doing’ word. If we love people, we are kind to them. We can’t just say we love someone we can show our love by kind things we do.

What kinds of things can we do to show people around us we love them?

(eg tidying up, sharing, listening to friends, praying for them, helping, comforting someone who is sad etc)

3. How does it feel when someone does kind things to help us like make us dinner, or help with something we are finding hard?
4. Is there one thing we could promise to do this week to show our love for someone them?

### Activity – I love you star

1. Cut out the star or help the child or young person to cut the star out.



2. Cut out the symbols on the second page of the activity sheet. There are 8 different symbols so you can use the 6 that are the most appropriate for the child or young person you are working with eg for some children listening to what they are being told is very difficult so

when they work hard to do good listening to someone they love that is a great achievement whereas for someone else sitting still to stay safe when someone asks them to is more appropriate. There is a Word version so you can paste in any symbols you want to use that are more appropriate for the child or young person you are working with. For a group with differing abilities, you may want to let some children write things they can do to show love in the points of the star, or you may ask them to draw something instead of using the symbols.



3. Explain that each symbols represents something we can do to show we care about someone. If some children are writing or drawing their own ideas now would be a good point to talk about the ideas on the symbols and ask for other ideas for children who are going to use their own examples.
4. Stick a symbol inside each point of the star.

